

MEDICAL SKINCARE ASSESSMENT

PATIENT'S NAME _____ Today's Date _____

Date of Birth _____

PERSONAL HISTORY

Are you currently seeing a physician for any reason? Yes No

If yes, explain reason _____

Do you have any health problems? Yes No

If yes, list _____

Do you have any allergies or skin sensitivities? Yes No

If yes, list all allergies/skin sensitivities _____

Do you currently take any oral medications (prescriptive pharmaceuticals)? Yes No

(include: oral hormones, birth control pills, antibiotics, tranquilizers, diuretics, hypertension etc.)

If yes, list all oral medications _____

Do you use any topical medications (prescriptive pharmaceuticals)? _____

(includes Retin-A®, Hydroquinone, Accutane®, Benzoyl Peroxide, Antibiotics, Metrogel®, Efudex®, Cortisone, etc.)

If yes, list all topical medications _____

Do you smoke? Yes No If yes, how much/often? _____

Do you consume alcohol? Yes No If yes, frequency/amount _____

Do you have a healthy diet? Yes No List any dietary concerns _____

Do you exercise? Yes No If yes, how often? Type(s) _____

Do you take vitamins? Yes No If yes, what type(s)? _____

Do you drink water? Yes No If yes, how many glasses per day? _____

For women only:

Do you have regular periods? Yes No

Are you going through menopause? Yes No

Are you trying to become pregnant?	Yes	No	Are you in a fertility program?	Yes	No
Are you pregnant or lactating?	Yes	No	Have you ever been pregnant?	Yes	No
If yes, during pregnancy did you ever experience hyperpigmentation or a "pregnancy mask"?					
				Yes	No

SKIN PROCEDURE HISTORY

Have you previously had any of these skin procedures (treatments)? Yes No

If no, skip this section.

Microdermabrasion	Yes	No	Date of last procedure_____
Chemical Peel(s)	Yes	No	Type of procedure(s)/date _____
Phototherapy	Yes	No	Type of procedure(s)/date _____
Laser Resurfacing	Yes	No	Type of procedure(s)/date _____
Radiofrequency	Yes	No	Type of procedure(s)/date_____
Dermabrasion	Yes	No	Type of procedure(s)/date_____
Facial Surgery	Yes	No	Type of surgery(s)/date_____
Other procedures/date? _____			

Patient Signature: _____ Date:_____

Technician Signature: _____ Date: _____